



Newsletter of the Illinois Higher Education Center - December 2023

WINTER AFFILIATE MEETING

December 7, 2023

Time:
9am-3:30pm

Venue:
Heartland Community College
ACEC 2101
1500 W Rabb Rd, Normal, IL 61761

Agenda:

- 8:30 Check In
- 9:00 Welcome & IHEC Updates/Questions
- 9:30 Attendee Updates & Needs Discussion
- 11:00 Foundations of Coalition Building Strategies
- 12:00 Lunch
- 1:00 Workshops: Prevention Strategies and Best Practice (College AIM Practice)
- 2:30 Skill Applications, Recap, and Questions
- 3:30 Adjourn for Day

UPCOMING DATES

Winter Affiliate Meeting:
December 7th, 2023
9:00am - 3:30pm

Advisory Board Meeting:
December 19th, 2023
@ 2:00pm on Zoom

Institutional Needs Assessment:
Due January 8th, 2024

Advocating for AOD Policy Change Webinar by Allie Pearce:
January 11, 2024 @ 1pm on Zoom

Office Closed for Holiday:
Friday, December 22nd, 2023 at 4:30pm until January 2nd, 2024 at 8:00am

Registration closes December 4th.

DISCLAIMER:

Due to the one day nature of this event, lodging and travel will not be provided. Email us at ihec@eiu.edu with any questions.

Register Here

Illinois Substance Use Prevention Conference

April 22-24, 2024 at State House Inn in Springfield, IL

What to Expect:

- Round Table Discussions
- Quick Hits: 5 Minute Oral Presentations
- Poster Presentations
- Breakout Sessions
- Keynote Speakers

CEU Credit Available

Register to Attend

Call for Proposals

Are your alcohol policies effective?

In 2019, Jernigan and colleagues completed a study that evaluated 15 campus alcohol policies (CAPs) from institutions of higher education. They assessed each policy based on accessibility, clarity, effectiveness, and sanctions if the policy is violated.

For accessibility, they found that most policies could be found within 30 seconds and in multiple locations. The researchers found that most policies were written in a way best understood by a college graduate, and therefore difficult to understand by current college students.

Across the 15 CAPs, there were 37 total individual policies. On level of effectiveness, 17 were most effective and 13 were somewhat effective, with the remaining 5 being ineffective or unable to be scored. Five sanctions were found to be most effective, 6 somewhat effective, and 2 ineffective. The 2 ineffective

policies include warning and alcohol education.

For those interested in seeing what specific policies and sanctions were analyzed, tables outlining this information are found on page 1013 of the article.

Jernigan, D. H., Shields, K., Mitchell, M., & Arria, A. M. (2019). Assessing campus alcohol policies: Measuring accessibility, clarity, and effectiveness. *Alcohol Clinical and Experimental Research*, 43(5), 1007-1015.

Upcoming Webinar:

Advocating for AOD Policy Change by Allie Pearce

Time and Venue: Thursday, January 11, 2024 @ 1PM on Zoom

Having strong alcohol and other drug policies is an important part of substance abuse prevention. In this workshop, participants will learn and discuss the challenges and successes of implanting a policy related to Narcan/naloxone, changing to a smoke-free campus, and working with grant funded positions.

Facebook: Illinois Higher Education Center for AODV Prevention

Instagram: IHEC_EIU

Only on Socials

Prevention Partner Library – A new resource shared every other week.

Event Updates - This is where you find out what's new and updates on scheduled events.

Event Reminders - You don't want to miss it!

Event Information - Webinar Objectives, Information about Speakers, Webinar highlights, etc.

Weekly Topics - Important Information related to Alcohol and Other drugs.



**ILLINOIS HIGHER
EDUCATION
C E N T E R**
for alcohol, other drug
& violence prevention

Contact Us:

217-581-2019
ihec@eiu.edu

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