

## Title: Rainbow Fruity Breakfast Wrap

<u>Code</u>
V, Q, \$

### Ingredients Needed:

- 4 Flatbread Wraps
- 1 Cup Greek Yogurt
- 2 Tablespoons Honey
- 1 Cup Granola
- 1 Banana, Sliced Thinly
- 2 Kiwi, Sliced Thinly
- 8 Strawberries, Sliced Thinly
- 8 Strawberries, Sliced Thinly
- 1 Cup Blueberries

<u>Nutrition Facts:</u>	
Yield	4 servings
Calories	446
Total Fat	7g
Sat Fat	2g
Sodium	444mg
Added Sugar	16g
Fiber	7g
Carbohydrates	87g
Protein	14g

### Recipe Directions:

1. Combine Greek yogurt and honey until smooth and consistent.
2. Slice all fruit thinly. Peel mango and then cut for easier preparation.
3. Spread yogurt mix on flatbread, sprinkle granola on top.
4. Place each fruit on the flatbread. Roll up tight.
5. Repeat steps 3-4 until all ingredients are used.
6. Store in air tight container in fridge and Enjoy!

