

# Pumpkin Spiced Latte

<b>Nutrition Facts:</b>	
Yield	2
Calories	115
Fat	0.4 g
Sodium	62 mg

<b>Code</b>
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## **Ingredients Needed:**

1 ½ cups fat-free milk  
2 Tbsp. pumpkin butter  
2 tsp. vanilla extract  
½ tsp. pumpkin pie spice  
2 tsp. sugar  
¼ cup of espresso  
Fat-free whipped topping  
Pumpkin pie spice for topping

## **Recipe Directions:**

- In a small pan combine milk, pumpkin butter, and sugar and cook on medium heat, stirring until boiling.
- Remove from heat, stir in vanilla. Blend until smooth or whisk well with a wire whisk.
- Pour into two mugs, add the hot espresso and top with fat-free whipped cream and a dash of pumpkin pie spice on top.
- Enjoy!