

## Pumpkin Brownie Mug

<b>Nutrition Facts:</b>	
Yield	1
Calories	390
Fat	2 g
Sodium	107 mg

<b>Code</b>
\$, RH, DF, Q, V



### **Ingredients Needed:**

¼ cup sugar  
¼ cup flour  
2 Tbsp. unsweetened cocoa powder  
2 Tbsp. pumpkin puree  
2 Tbsp. non-dairy milk  
1 Tbsp. dark chocolate chips  
½ tsp. pumpkin pie spice  
Pinch salt  
½ cup vanilla ice cream

### **Recipe Directions:**

- Stir together all ingredients in a little mug or small bowl.
- Microwave on high for 1 minute; continue to microwave at 15 second intervals until top of brownie is dry.
- Top with ice cream if desired.

