

Mexican “Unfried” Ice Cream

Nutrition Facts:	
Yield	4
Calories	180
Fat	0.5 g
Sodium	203 mg

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Ingredients Needed:

2 cups fat-free vanilla frozen yogurt
2 cups cornflake cereal, crushed
2 tsp. ground cinnamon
4 tsp. Hershey chocolate syrup

Recipe Directions:

- Line a baking sheet with parchment paper.
- With an ice cream scoop, scoop out 4 balls of frozen yogurt $\frac{1}{2}$ cup in size and place on the parchment-lined sheet.
- Freeze for 2 hours, or overnight, until the frozen yogurt is very hard.
- In a shallow bowl, combine the crushed cereal and cinnamon.
- Using rubber gloves, roll the balls of frozen yogurt in the cereal coating, packing them together into a smooth ball. Return the coated frozen yogurt to the baking sheet and freeze until ready to serve.
- To serve, drizzle with chocolate syrup, whipped cream, and a cherry!