

Mexican Pizza

Nutrition Facts:	
Yield	8
Calories	170
Fat	0.8 g
Sodium	495 mg

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Ingredients Needed:

16 corn tortillas
1 cup fat-free refried beans
1 cup low-fat cheddar cheese, shredded
1 cup taco sauce
1 tomato, diced into squares
Small bunch green onions, diced

Recipe Directions:

- Preheat oven to 400 degrees.
- Spray a medium saucepan with non-stick cooking spray and bring to medium heat; add turkey and taco seasoning reduce to medium-low heat and cook until turkey is no longer pink. Drain excess grease.
- Spread 2 tablespoons of refried beans on a tortilla, sprinkle with the ground turkey meat, top with another tortilla, spread 2 tablespoons of taco sauce on tortilla, sprinkle 1.5 to 2 tablespoons of cheese on top of taco sauce.
- Repeat step 3 for remaining tortillas.
- Bake for 8-10 minutes; top with tomato and onion and enjoy!