

Healthy Chocolate Milkshake for Two

Nutrition Facts:	
Yield	2
Calories	150
Fat	7 g
Sodium	90 mg

Code
\$, Q, V, RH



Ingredients Needed:
1 cup skim milk
1 ripe banana
1 Tbsp. cocoa powder
1 Tbsp. almond butter
2 cups ice

Recipe Directions:

- Combine all ingredients in a blender and blend until smooth and creamy.
- Enjoy!

