

Title: Fruit Kabob

<u>Code</u>
\$, DF, GF, Q, V, RH

<u>Nutrition Facts:</u>	
Yield	8
Calories	84
Total Fat	0 g
Sat Fat	0 g
Sodium	3 mg
Added Sugar	0 g
Carbohydrates	22 g
Fiber	2 g
Protein	0 g
Vitamin A	49 mcg
Vitamin C	25 mg
Potassium	329 mg

Ingredients Needed:

- 1 1/2 cups ripe banana slices (about 16 slices)
- 1 1/2 cups watermelon cubes (about 16 cubes)
- 1 cup clementine sections (about 16 sections)



Recipe Directions:

- Thread the fruit onto the skewers, alternating and arranging it however you like.
- Serve right away.