

Frozen Fruit Mousse

| Nutrition Facts: | |
|-------------------------|------------|
| Yield | 4 servings |
| Calories | 88 |
| Fat | 1 g |
| Sodium | 70 mg |

| Code |
|-------------|
| \$ Q GF |



Ingredients Needed:

1 cup cold low-fat evaporated milk
2 tablespoons confectioners _ sugar
1 teaspoon grated orange zest
2 cups frozen strawberries

Recipe Directions:

- Combine milk, sugar, and orange zest in a glass measuring cup.
- Place the strawberries in a food processor and pulse until shaved.
- With the motor running, gradually add the milk mixture just until the ingredients come together.
- Serve immediately & enjoy!