

# Chocolate Yogurt and Banana Grahamwich

| <b>Nutrition Facts:</b> |      |
|-------------------------|------|
| Yield                   | 14   |
| Calories                | 25   |
| Fat                     | 0 g  |
| Sodium                  | 7 mg |

| <b>Code</b>  |
|--------------|
| \$, Q, V, RH |



## **Ingredients Needed:**

28 graham cracker squares (14 rectangles)  
1 cup low-fat plain Greek yogurt  
4 banana cut into 1/2 inch slices  
1 tsp. vanilla extract  
2 Tbsp. sugar  
1 Tbsp. + 1-2 tsp. cocoa powder

## **Recipe Directions:**

- In a small bowl mix together yogurt, vanilla, sugar, and cocoa powder.
- Lay graham cracker squares on a tray; spread 2 tsp. yogurt mixture on very graham cracker square.
- On half of the squares. place 4 banana slices on top of yogurt mix; combine graham crackers to form sandwich.