

# Sweet Potato Casserole

<b>Nutrition Facts:</b>	
Yield	10
Calories	132
Fat	2 g
Sodium	15 mg

<b>Code</b>
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## **Ingredients Needed:**

2 lbs sweet potatoes, peeled  
½ cup golden raisins  
¼ tsp. ground cinnamon  
Pinch nutmeg  
Pinch allspice  
8 oz. can unsweetened crushed pineapple, drained  
2 Tbsp. chopped pecans  
1 cup mini marshmallows

## **Recipe Directions:**

- Preheat oven to 400 degrees.
- Cut sweet potatoes into large chunks; boil potatoes in a large pot covered with water until potatoes are soft if pierced with a fork. Drain and return to the pot.
- Mash the sweet potatoes and add in raisins, spices, and pineapple. Lightly spray a pie dish with oil, spoon in sweet potatoes.
- Sprinkle with pecans and marshmallows. Bake for 15 minutes or until done.