

Mozzarella and Tomato Salad

Nutrition Facts:	
Yield	1
Calories	320
Fat	2 g
Sodium	280 mg

Code
\$, Q, V, GF, RH



Ingredients Needed:

- 1 medium tomato, cubed
- 1 oz. mozzarella part skim cheese, cubed
- 1 cup fresh spinach leaves
- 1 clove garlic, pressed
- 1 ½ tsp. olive oil
- 2 Tbsp. balsamic vinegar
- 2 tsp. sunflower seeds
- ¼ tsp. black pepper

Recipe Directions:

- Combine all ingredients.
- Enjoy!