

# Homemade Mac and Cheese

<b>Nutrition Facts:</b>	
Yield	2
Calories	530
Fat	6 g
Sodium	320 mg

<b>Code</b>
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## **Ingredients Needed:**

1 ½ cups pasta  
2 Tbsp. butter  
2 Tbsp. flour  
1 cup skim milk  
3 ounces cheddar cheese, finely diced  
2/3 cup sugar snap peas

## **Recipe Directions:**

- Boil water in a medium pot and follow instructions on the pasta box.
- After cooking the pasta, drain and return it to the pot, which should remain on high heat.
- Add butter, flour, milk, cheese, and a pinch of salt and pepper to the pot.
- Stir continuously until all the cheese has melted.
- Turn burner off, place cover on pot, and allow to firm.
- Enjoy sugar snap peas on the side, if using frozen peas microwave on high for 3-4 minutes, or per package instructions.
- Enjoy!