

Carmel Dip

Nutrition Facts:	
Yield	24
Calories	23
Fat	0.2 g
Sodium	21 mg

Code
\$, Q, V, RH



Ingredients Needed:

1 container plain yogurt
2 Tbsp. pure maple syrup
1 tsp. pure vanilla extract
1/8 tsp. salt
¼ cup brown sugar
1 package graham crackers for dipping
3 apples, sliced for dipping

Recipe Directions:

- Combine all ingredients in a medium bowl.
- Chill is desired.
- Serve with apple slices or graham crackers.
- Enjoy!