

Broccoli with Lemon Butter Sauce

Nutrition Facts:	
Yield	4
Calories	300
Fat	4 g
Sodium	750 mg

Code
\$, Q, V

Ingredients Needed:

¼ cup butter
¼ cup water
1 lemon, juiced
¼ tsp. cayenne pepper
16 oz. broccoli florets



Recipe Directions:

- In a large skillet combine the butter, water, lemon juice, and cayenne pepper. Bring to a simmer over medium heat. Add the broccoli to the pan, stir to coat, and cover with lid. Cook 10-15 minutes over medium-low heat, stirring once, until broccoli is tender but still bright green.
- Serve warm or refrigerate and serve cold.