

CSD 6901 Supervised Clinical Experience Fall 2018

Instructor: Dr. Gloria Leitschuh (pronounced Lightshoe)

Office: 2115 Buzzard Hall Cell Phone: 217-549-3206

E-Mail gleitschuh@eiu.edu

Office Hours: Monday 12 – 4 P.M. and by appointment

Course Description: The Supervised Clinical Experience (Internship) is a nine hundred hour supervised clinical course involving client-contact experiences and systematic feedback and reflection. This course provides students with the necessary practice and skills and conceptual preparation for entry into the profession.

The nature of this experience should be very much like that of a regular counseling position, however with closer supervision than is usually the case with the employed counselor. The Summary of Internship Guidelines describes the specific requirements and responsibilities of student, site, supervisors and is available on the CHE department website. All evaluation forms are also available on the department website.

Course Objectives: Upon completion of Internship students should be proficient with:

1. Intake interview, mental status evaluation, bio-psychosocial history, mental health history, and psychological assessment for treatment and caseload management.
2. Techniques and interventions for prevention and treatment of a broad range of mental health issues for individuals, groups, and families.
3. Strategies for interfacing with the legal system regarding court referred clients.
4. Strategies for interfacing with integrated behavioral health care professionals.
5. Strategies to advocate for persons with mental health issues.
6. Consultation skills and supervision for the benefit of the client.

Required Texts:

All Semesters - Barlow, D. H. Clinical handbook of psychological disorders. New York: Guilford Press.

2nd Semester - Bernard, J.M. & Goodyear, R.K. (2009). Fundamentals of clinical supervision. (4th ed.). Boston, MA: Allyn & Bacon. (Assigned for Supervision course during Fall)

3rd Semester – Teyber E. (2010). Interpersonal Process in Therapy: An integrative model. (6th ed.). Belmont, CA: Thomson Brooks/Cole.

Please see and read Leitschuh, G. A. Questions and Answers on D2L.

Recommended for licensure: Rosenthal, (most recent edition). Encyclopedia of Counseling. New York: Brunner-Rutledge.

On line therapy worksheets are available at: www.get.gg/freedownloads2.htm

For Licensure information: 217-782-0458 - Good luck. Be persistent. Practice tests are also available via internet.

Technological Competence: Students are expected to enhance their technological competence. Contact via email and D2L is necessary to receive attachments and be updated on course details.

Academic Integrity: Students are expected to maintain academic integrity and conduct as defined in EIU's Code of Conduct (<http://www.eiu.edu/judicial/studentconductcode.php>). Violations will be reported to the Office of Student Standards. Submitting the work of others as your own or plagiarism in any form will result in an "F" in the course. Eastern Illinois University is committed to the learning process and academic integrity that is defined in the Student Conduct Code (1.1).

Questions and Grievances: Please talk with me directly if there is a problem or misunderstanding, or if you have concerns. Formal grievance procedures are outlined in the Graduate Catalog.

Accommodations for Students: If you have a disability (physical, learning, psychiatric) that may require accommodations, please call the Office of Disability Services (581-6583) located on 9th Street Hall. As a part of the Americans with Disabilities Act, it is the responsibility of the student to disclose a disability prior to requesting reasonable accommodation.

The Student Success Center: Students who are having difficulty achieving their academic goals are encouraged to contact the Student Success Center (www.eiu.edu/~success) for assistance with time management, test taking, note taking, avoiding procrastination, setting goals, and other skills to support academic achievement. The Student Success Center provides individualized consultations. To make an appointment, call 217-581-6696, or go to 9th Street Hall, Room 1302.

Informed Consent: As this class requires participation in a group, students will also be required to sign an informed consent that explains their rights and responsibilities.

Confidentiality Policy: The nature of this course requires that students be willing to hold themselves to the highest levels of integrity with regard to protecting the confidentiality of their classmates. Confidentiality will be discussed further prior to the beginning of groups. Students will be asked to sign a confidentiality agreement.

Grading Scale: The CHE Department uses the university grading scale. Please refer to the current Graduate School Catalog.

Course Outline: Sign up for case presentation date.

On Campus scheduled meeting times Wednesdays:

The following dates will meet 11 A.M – 1:30 P.M.

August 22	Introductions, Syllabus, Case Consultation
September 12	Case Consultation
September 19	Case Consultation
October 17	Case Consultation, Termination Issues
October 31	Case Consultation
November 7	Case Consultation
November 28	Case Consultation
December 5	Case Consultation, Closure

Future Internship: Be sure to submit applications and contracts for 2nd & 3rd semester internship by the due dates. Third semester interns do not need to attend the meeting, but do need to submit an **application** and **contract** by the due date. Please submit by due dates.

COURSE EVALUATION: For each assignment please note that one point is deducted for each grammar error. Be sure to have an objective person proof read your work. Please use APA style for all papers, (margins, font size, references if needed etc.). Late assignments are deducted one point for each day overdue. Please put a hard copy in my mailbox and send an email copy to reflect the date submitted.

1 A. Case Summary & Presentation (20) B. Analysis and use of skills (20)

A. Case Summary and Presentation: (total 20 points outlined below)

*** Case summary (10 points)**

Responses to case summary are complete and written at the graduate level.

*** Diagnosis and treatment plan (5 points)** Diagnostic symptoms are matched to DSM 5 criteria. Symptoms are also reported in case summary. Treatment plan is complete, time limited, and includes long and short term goals.

*** Case presentation and Consultation Question. (5 points)**

A summary of the client's case is presented in class in a professional manner. Develop one or two relevant consultation questions for the case presented. Please discuss any relevant diversity issues. (CMHC D.5)

Develop a written **case summary/assessment**, a **diagnosis**, and a **treatment plan** of one of your clients. Acquire client permission and **provide a 15 minute taped portion** of a counseling session to be played in class. Develop a written transcript with analysis of the session for all class members. Present the case in class.

Please use the following medical model.

Case Summary/Assessment should include the following headings

1. Identifying information

A. Demographics, referral source, educational level, occupation, living situation

B. Observational Data, physical appearance, affect information

2. Presenting Problem (What events brought them to treatment, symptoms reported)

3. Previous Disorders (History of Treatment and results)

4. Present Life Situation (Relationships, social and leisure activities)

5. Family Background (Include family of origin, relationships, divorce, separations, abuse history, history of mental disorders)

6. Developmental History (Living conditions, abusive situations, educational experience, behavioral problems, sexual history, emotional or social economic concerns)

7. Medical History (Previous illness, hospitalizations, medications prescribed)

8. Legal History

9. Plan (This is separate from the treatment plan. This is a brief statement about immediate treatment recommendations, further testing, assessment, goals, etc.)

10. Sign and date

Diagnosis – Use the DSM 5 and utilize your diagnostic skills to make a diagnosis. Describe the specific client behaviors for each diagnostic criteria. Match symptoms to criteria.

Treatment Plan – Use the format utilized at your site or another acceptable format as described in the Foundations course.

B. Analysis and use of skills (20 Points): Transcribe a 15 minute portion of the session.

Print counselor statements in bold. (10 pages maximum). **Analyze each counselor statement.**

Begin with a summary paragraph describing what you were trying to accomplish with the client. Include the number of sessions you have had with the client prior to the recording.

For each intervention include:

1) Identification of the theory, skill, technique, or method you employed. **(5 points)**

2) A response that you would like to have implemented or an alternative response. **(5 points)**

3) Your thoughts or intentions at particular moments of the session. Be sure to include any relevant cultural issues. You should demonstrate your ability to provide culturally appropriate responses for individual, couples, family, group and systems modalities for initiating, maintaining, and terminating counseling. **(5 points)** (CMHC D.5)

Develop one or two consultation questions for class discussion.

*You will be evaluated on your ability to respond to analysis questions, demonstrate self-awareness, develop case consultation questions, as well as use of skills. **(5 points)**

Provide a transcript for each student in class. All written materials should be destroyed and tapes should be erased by the close of the semester. Date: To be determined.

If you are placed in a site which does not allow recording please take notes and provide a 5 - 6 page summary of your responses. Reconstruct the session and provide client and counselor responses with your analyses. I have approved the sites which do not allow recording.

2. Theory-Intervention summary (2 points for each correct intervention, grammar and content will also be evaluated for a total of 10 points).

Choose a theory or method of counseling. Provide a paragraph summary of the method and the key terms and definitions. Then develop five examples of one sentence interventions a counselor using this method would make during a counseling session. (Interventions can be short statements or questions used by the counselor).

3. Submit one 10 minute transcript with an analysis (no longer than 10 pages). (20 Points)

A second transcript may be required in the event that the first one does not adequately demonstrate skills or does not respond to the questions below.

Transcript and analysis.

A) Tape a counseling session after obtaining written permission. B) Write a brief two paragraph description of the client and a summary of the client problem and include the diagnosis with relevant symptoms. Then describe what you were trying to accomplish. Also include the number of sessions you had with the client. C) Transcribe a ten minute segment and analyze each counselor response. **Respond to these questions for each counselor statement.**

1) Identification of the skill, technique, or method you employed. (5 Points)

2) A response that you would like to have implemented or an alternative response. (5 points)

3) Your thoughts or intentions at particular moments of the session. (5 points)

* Evaluation will also include ability to demonstrate counseling skills and analyze your work. (5 points) Be sure to note any culturally appropriate interventions and strategies.

In class consultation – Complete/Incomplete.

Each week a discussion will occur regarding current client issues. While no written documentation is required, come prepared with client background information and a possible diagnosis. Please formulate a consultation question for each case you present. We will also be discussing appropriate use of culturally appropriate interventions for individual, couples, family, group, and systems modalities for initiating maintaining and terminating counseling.

4. Summative Paper: (2 points for each section for a total of 10 points)

Type a six to eight page, double spaced summative evaluation of your internship experience. Organize your paper into five sections and include the following topics to serve as headings, in APA style (12 point font and 1 inch margins). You should be able to 1) integrate and describe how you have used your current and previous course work and apply your learning to your internship, be as specific as possible and include the course titles. 2) include learning experiences, strengths and weaknesses, your goals for the future and any experiences that will be helpful to you in your career, 3) include anything you learned from your clients about providing therapy, 4) analyze your stage of development as a counselor utilizing the stages discussed in Special Topics class, and 5) identify the theoretical orientation **of supervision** used by your supervisor as discussed in Special Topics class. Please use headings to denote each section.

Total Hours: Submit log of Service Hours (Complete/Incomplete). Be sure to add all of your indirect and direct hours and include total hours worked. Must be submitted by due date for successful completion of the course.

5. University Supervision & Evaluation: (20 points)

Evaluation is based on your ability to demonstrate use of the core counseling skills and familiarity with at least four theories or methods of counseling. Class participation is exemplified by being punctual, professional, and responding to appropriate feedback. Case consultation also involves your ability to conceptualize client case histories and to provide appropriate feedback to classmates. Your professor will attempt to make a scheduled visit to your intern site during the first semester and in some cases during the second semester.

Site Supervision & Evaluation: (complete/incomplete)

Students will be evaluated by the on-campus professor/supervisor in consultation with the on-site supervisor. You should review at least six taped client sessions with your on-site agency supervisor. In addition a mid-term and a final evaluation form for internship is available on the department web site. You will be expected to demonstrate effective use of core counseling skills throughout your internship experience.

- Professional dress does not include revealing cleavage or butt cracks.

Attendance: This course is taught with the case consultation method. In class participation will help me to evaluate your work. **If you miss a class** (even if it is an excused absence, e.g. birth of a child, surgery, divorce, death in the family, illness, travel, workshops, weather, ect.), please submit a written case summary/assessment, diagnosis, treatment plan, and a tape transcript with analysis so that I might evaluate your work in your absence. You may not end the semester early because of your life situation. If appropriate, you may take a medical leave of absence, an incomplete, or obtain the grade earned.

Your on-site supervisor will be advised of Internship class times so that **your work schedule should not prohibit you from attending class**. Please come to class prepared and on time. If for any reason course attendance becomes problematic, your grade could be lowered or you may have to repeat the experience.

Third Semester Internship: Please note that it may become possible for several third semester interns to assist me with the supervision of first year Practicum students during the spring semester. In the event that this becomes a possibility and you are interested in having this

experience the following requirements are necessary. 1. Obtain an “A” in Practicum and a verbal endorsement from your Practicum instructor. 2. No letters of concern from department faculty. 3. Endorsement from Internship Coordinator. I should be informed of this possibility sometime in November. Please email me to let me know if you are interested. This is a competitive process.

EVALUATION:

<u>Assignment</u>	<u>Points</u>	<u>Due Date</u>
Client Consultation in class	C/I	Each week
Presentation: Case Summary	20	TBA
Transcript/Analysis	20	
Theory-Intervention paper	10	Sept 19
Transcript and analysis	20	Oct 17 or 31
Summative Paper	10	Nov 28
Internship Hours	C/I	Dec 5
Site Supervisor’s Evaluation of you	C/I	Oct 17 & Dec 5
University Supervision and Evaluation	<u>20</u>	
Total	100	

ALL INTERNS: Please submit the following by Dec 5

1. Internship hours with totals.
2. Your **signed** supervisors evaluation of you, (**also due at midterm**).
3. Your **signed** evaluation of your supervisor (only at final week)
4. Your evaluation of the site (only at final week)

A= 90-100 B= 80-89 C= 70-79

All assignments must be completed in order to obtain a grade of “A”, “B” or “C”.

Late assignments will have points deducted, so please plan accordingly.

Please do not send faxes of more that two pages in length.