



# Child & Family Life Education Center

## Flexible Daily Plan

### PRESCHOOL (ages 3-5) Program

#### **Arrival Period & First Large Group**

9:00 am

Children gather as a group for story and song time.

#### **Self-Selected Play**

(may be outdoor or indoor play)

9:15 am

Preschoolers determine what activities they will begin their play with and may include woodworking bench, building blocks area, housekeeping/family area, painting and small manipulatives.

#### **Transition to Toileting & Handwashing**

9:35 am

Children are enrolled in our program with NO expectations regarding their toilet learning progress. Child-sized commodes and handwashing sinks provide the most independence, which we supplement with any necessary help to the children.

#### **Snack**

9:45

The daily menu features 2 food groups. Self-serving and fostering independence is a part of the snack time process for preschoolers along with conversational interaction at snack tables.

#### **Small Group Activities**

10:05 am

Children rotate among teacher-planned activities that provide experiences with one physical science concept such as attachment, parts-and-whole, absorption, weaving, and rolling. ([Link to concept list](#))

#### **Self-Selected Active/Outdoor Play**

10:30 am

Outdoor play is essential to our program and varies seasonally. Outdoor equipment includes a marimba, sandboxes, swings, slide, tunnel, climbing turtle, playhouse, basketball hoop, trikes, and a "tree house" platform.

#### **Second Large Group Activity**

10:45 am

Children gather as a group for story and song time before saying goodbye.

#### **Goodbyes**

10:50 am

\*This is a framework with a great deal of flexibility to accommodate developmental levels and daily circumstances. With the exception of arrival and departure, the times indicated provide guidelines and general sequencing.