

# Student Success Center

EASTERN ILLINOIS UNIVERSITY

**FACT:** Successful students estimate spending 2-3 hours outside of class studying for every hour in class (i.e. a student taking 15 credit hours may spend an average of 30-45 hours studying outside of class *weekly*). Use this grid to track your hours. Chart your actual hours of studying and other activities. Include your classes, study time, and any co-curricular activities (i.e. club meetings, work hours, practice times etc.)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 a.m.							
7:00 a.m.							
8:00 a.m.							
9:00 a.m.							
10:00 a.m.							
11:00 a.m.							
12:00 p.m.							
1:00 p.m.							
2:00 p.m.							
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